

Denver 9-1-1 Peer Support Team

& Code 4 Counseling



Peer Support Certification

For 9-1-1 Dispatchers and Telecommunicators

After a huge success with 2023's first ever dispatch-centered Peer Support Certification class, Denver 9-1-1 is hosting it again! Taught by <u>Code 4</u> Counseling, topics are designed for first responder peer supporters, and include: ethics, confidentiality, engagement, motivational interviewing, taking action, and self-care. The 40-hour training meets core competencies detailed by SAMHSA.

Located just off I-70/Peoria, there are plenty of food and hotel amenities within walking distance of our center. We are doing everything we can to keep costs low, and will bill agencies after the class has been completed.



Register here: https://forms.gle/XvTzxTfBQ1HQSFu59. Deadline to register is January 6, 2024



When: February 26th-March 1st, 2024. 0900-1700 daily



Where: 12025 E 45th Ave, Denver, CO 80239



Cost: \$250/person



Contact: Jessica Tresch (jessica.tresch@denvergov.org) 307-343-2018

More information will be sent to you closer to the class date. We'll send you a list of area restaurants, hotels, and other important details!

We think the class is worth every penny, but don't take our word for it! See some testimonials from the inaugural class of 2023:



"This was unlike any training I have been a part of. The entire week was very lively, and challenging in many ways. I was emotionally drained, charged, and fulfilled at the same time."

"Thank you SO much for hosting this class. It was not what I was expecting, but was so much more! I feel like I've gained a ton of resources to get this operational."

"Thank you so much for this amazing, mind-blowing, transformative, informational training!

I'm proud to be a part of this."

"This training literally changed the entire trajectory of my career. I feel I have the tools now to take care of those who take care of everyone else."

"The week in the Peer Support certification class supplied me with a bounty of useful information including how to help a coworker who is going through a crisis, how to be a better leader, how to open up to my peers, how to prepare for critical incidents and their reactions, and many other things. We learned about stress and relationship dynamics, and how the two interact. We learned about how to build a culture of wellness and the many ways that we can take care of our coworkers as they navigate through difficult, sometimes seeming impossible, situations. As well as my peers, I learned how to better care for myself and make sure that I am in the best headspace possible so that I can assist others. The instructors were extremely engaging and nurtured difficult conversations alongside their lectures. This is a class that EVERYONE can benefit greatly from, regardless of being a member of peer support or not."

"I can't say enough Best. Training. Ever."

"Amazing class! I don't think I've ever attended such an informative and fun class".